

The Salt Escape

RELAX Breathe HEAL

www.thesaltescape.com

SINUSITIS

HOW CAN SALT THERAPY HELP?

Salt therapy can help provide relief for the uncomfortable symptoms of sinusitis in a quiet and relaxing environment. The micro particles of dry salt are able to reach every area of the sinuses reducing inflammation widening the airway passage in the nose and the tubes of the nose facilitation sinus drainage. Works to fight the infection and prevent it from coming back.

WHAT TO EXPECT?

Salt draws out fluid accelerating the pace of mucus clearance. You will begin to notice relief after the first session.



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RECOMMENDATIONS

We recommend coming 2-4 times a week for the first month to truly see the best results. You may notice that you can lower your visits after the initial 30-60 days. The Unlimited Monthly Membership will allow you to come as much as needed to help with your sinusitis.

RESEARCH

Salt Therapy also known as halotherapy has been well researched in Russia and Eastern Europe. The majority of the research has been conducted by Dr A.V. Chervinskaya, the head of Clinical Research Respiratory Center in St Petersburg, Russia. She works in the field of pulmonology and rehabilitation medicine and has published more than two hundred articles on this topic.

TESTIMONIALS

“I have been coming 2-3 times a week for 5 months and have not had one sinus infection. I used to get them 4-5 times a year before I found The Salt Escape.”

– Marcia M.

“I went in with a sinus infection and a very bad sinus headache. After my session my sinuses drained for the next two days, headache went away the first night.”

– Joesph R.