

The Salt Escape

RELAX Breathe HEAL

www.thesaltescape.com

COPD & CHRONIC BRONCHITIS

HOW CAN SALT THERAPY HELP?

Salt therapy works to cleanse the respiratory system and speed up the elimination of toxins in our body. The micro particles of dry salt are able to reach the lower respiratory system and work as a “bronchial brush” for the airways. Salt therapy restores the normal transport of mucus secretion and frees the blockages in the bronchi.

WHAT TO EXPECT?

You will begin to notice relief after the first session. However, it typically takes 3-4 sessions a week for one month to notice the best results and to truly see if salt therapy will become a part of your life. The clearing of mucus and toxins results in cleaner, healthier lungs. Most of our customers with COPD notice a better quality of life with a healthier immune system.



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RECOMMENDATIONS

We recommend 3-4 times a week for the first 30-60 days for you to feel the true effects. The Unlimited Monthly Membership will allow you to take advantage of unlimited sessions. This is the best way to see if salt therapy is right for you.

RESEARCH

Salt Therapy also known as halotherapy has been well researched in Russia and Eastern Europe. The majority of the research has been conducted by Dr A.V. Chervinskaya, the head of Clinical Research Respiratory Center in St Petersburg, Russia. She works in the field of pulmonology and rehabilitation medicine and has published more than two hundred articles on this topic.

TESTIMONIALS

“After two weeks of coming I found my mucus and phlegm condition much better and I am able to take deeper breathes because my airways are clearer. I have not needed a nebulizer treatment since I started.” – Carmen A.

“I have suffered from COPD for many years. I use oxygen regularly and cough all day long. After a month of salt therapy I feel like a new person.” – Bob W.